

Newsletter

Spotlight on Safety

National Safety Council

October 2012



About the National Safety Council

The National Safety Council saves lives by preventing injuries and deaths at work, in homes and communities, and on the roads through leadership, research, education and advocacy. Visit us at nsc.org for up-to-date industry news, information and tools to take your safety program to the next level.



NSC Safety Awards

Participation in the NSC Awards Program is the safe decision for your employees and the smart decision for your bottom line.

Safety awards from NSC instill employee pride; earn respect from your customers, community and peers; and place you one step ahead of your competition. [Learn more.](#)



Downloadable safety poster



Welcome to *Spotlight on Safety*, an e-newsletter brought to you by the Department of the Interior Office of Occupational Safety and Health in partnership with the National Safety Council. We hope you will find this service of value. Send feedback or ideas on topics you would like to see to membershipinfo@nsc.org. Please put "Department of the Interior feedback" in the subject line.

Work-life balance

Balancing your work life and personal life can be challenging. Many Americans and workers worldwide are experiencing burnout due to work and increased stress as the separation between work and home life has diminished.



Here are some [steps](#) you can take to attain a work-life balance, increase productivity and safety, and avoid burnout.

Preventing workplace violence

Each week, workplace violence results in deaths and serious nonfatal injuries to employees. Non-fatal assaults result in millions of missed workdays and cost millions of dollars in lost wages.

What steps can you take to minimize or prevent workplace violence? Planning and preparation are the key. Some basic tips:

- Never underestimate the potential for violence and take every threat seriously.
- Screen employees for potential problems during the hiring process.
- Train everyone to resolve conflict peacefully.
- Encourage reporting of violence, disrespectful behavior and suspicious activities, with zero tolerance toward violence against or by employees.
- Provide professional support to individuals in crisis.
- Design, implement and communicate a comprehensive workplace violence prevention policy and program.

Webinar



"The human side of safety?" [webinar](#)

A Million Acts of Safety

The Department officially kicked off its participation in the National Safety Council's "A Million Acts of Safety" campaign on April 16. We need everyone's help to make the people around us safer by becoming a safety Ambassador. Help the Department achieve its goal of one act of safety per employee, for a total of 80,000 DOI acts of safety by the end of 2012.

Sign in at millionactsofsafety to post your safety act(s). Use "Team DOI" as your user ID and "safety" as your password. Start each submittal with your name, bureau and office for potential recognition in a future issue of the DOI e-newsletter.