



About the National Safety Council:

The National Safety Council saves lives by preventing injuries and deaths at work, in homes and communities, and on the roads through leadership, research, education and advocacy. Visit us at nsc.org for up-to-date industry news, information and tools to take your safety program to the next level.



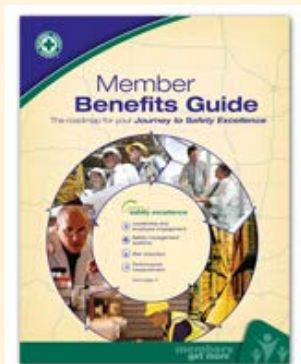
NSC Safety Awards

Employee engagement is key to a successful safety program! An award from the National Safety Council shows them you appreciate their efforts.

Safety awards from NSC instill employee pride; earn respect from your customers, community and peers; and place you one step ahead of your competition. [Learn more.](#)



Learn about all the benefits available to you in our new Member Benefits Guide



[See the benefits that are available to you and ALL your employees](#)

Welcome to *Spotlight on Safety*, an e-newsletter brought to you by the Department of the Interior Office of Occupational Safety and Health in partnership with the National Safety Council. We hope you will find this service of value. Send feedback or ideas on topics you would like to see to membershipinfo@nsc.org. Please put "Department of the Interior feedback" in the subject line.

5-Minute Safety Talk: Slips, Trips and Falls

Investigate slips

The incidence of slips, trips and falls at work may be even higher than the numbers show. Workers do not report many of the incidents because they are minor and make them appear clumsy, which is a mistake.



To reduce slips, trips and falls, managers should stress the seriousness of all incidents and have employees inform them of even the most harmless ones. Minor incidents that are reported may be clues to troublesome areas needing repairs and may actually help prevent a major incident from occurring.

Download, this [five minute safety talk](#) to help educate your employees on this safety issue

Preventing slips, trips and falls: Ladder safety



Proper ladder setup will help prevent slips and falls whether at work or home. Ladder safety may seem simple, but too many injuries continue to occur every year.

- Wear clean, dry, slip-resistant shoes and use ladders with slip resistant feet
- Pay attention to the weight limits specific to the ladder you are using
- Don't stand any higher than the third rung from the top of a ladder
- Don't lean or overreach - reposition the ladder closer to the work instead
- Don't use a ladder as a bridge or scaffold
- Don't put a ladder on a box, barrel or other object to gain additional height
- Always keep at least three points of contact with the ladder (i.e., two hands and one foot or two feet and one hand)

Download this [fact sheet](#) for more ladder safety tips.

Thanksgiving Safety Tips

Help prevent Thanksgiving fires and injuries with these safety tips*:

- Do not overload the stovetop with too many pots and pans, and keep the area free of clutter
- Never hold a child while cooking. If possible, keep children out of the kitchen while cooking
- Never put a glass casserole dish on the stove or over a burner, as it could cause the container to explode
- Consider avoiding the use of turkey fryers because they pose a number of safety hazards
- Keep a fire extinguisher in the kitchen
- Remove lids from pots and pans by tilting them away from you to avoid hot steam
- Ensure shirt sleeves are short, fitted or tightly rolled when cooking
- If a small fire starts in a pan, grab a flame-resistant potholder and smother the fire with a lid. Do not remove the lid until the pan has cooled
- Remain in the kitchen while cooking. If you must leave the room briefly, carry an oven mitt with you to remind you that food is cooking



*These safety tips are provided by Northbrook, IL-based Underwriters Laboratories.

Featured safety poster

"Prevent slips, trips and falls"

Make sure your employees are aware of their surroundings to help prevent slips, trips and falls with this [downloadable poster](#).



Featured Webinar

[Preventing slips, trips and falls](#)



You can access all members-only webinars by clicking [here](#).